

WHAT MAKES YOU TICK?

TEAM EXERCISE

Communication and clarity around what makes you and your team tick is key to deeper understanding of mindsets and behaviors. Answer these questions for yourself, and then come together with your team for everyone to share and discuss with each other.

What are your biggest strengths on a team? Your weaknesses?

How can people on your team earn an extra gold star with you?

What are one or two pet peeves of yours on a team?

What's the best way to share feedback with you?

How do you prefer to be recognized or appreciated?

What are your ideal working conditions?

What's something about you that you're proud of?

What's something that you'd like to be better at as a coworker?

What's something people often misunderstand about you?

What's something people rarely ask you, but you wish they would?

Best approach if someone has something difficult to say to you?

What's something you think that you're exceptional at that most people don't know?